



Spots around the Sayama Hills

An abundance of nature remains in the area around Lake Tama and Lake Sayama, which straddle the boundary between Tokyo Metropolis and Saitama Prefecture. This is an oasis where you can encounter the nature and beautiful scenery of managed woodland.



Higashi-yamato City Folk Museum
(Higashi-yamato City)

The museum's main theme is "Living with the Sayama Hills". Projects related to the area's history, folklore, and nature take place not only within the building but throughout the Sayama Hills. **📍** 1-260-2 Narahashi, Higashi-yamato City **☎** 042-567-4800 9:00 - 17:00 Closed Mondays and the day after a national holiday (except where this falls on a Saturday, Sunday, or national holiday)



Tokyo Metropolitan Sayama Park
(Higashi-murayama City / Higashi-yamato City)

A park on the eastern side of Lake Tama (Murayama Reservoir), where the managed woodland scenery and nature of Musashino still maintain a strong presence. With wild and cultivated cherry trees as well as the Yoshino variety, it is a beloved cherry blossom-viewing location. **📍** 3-17-19 Tamakocho, Higashi-murayama City **☎** 042-393-0154 (Sayama Park Center) 8:30 - 17:30



Tokyo Metropolitan Hachikokuyama Park
(Higashi-murayama City)

The entire park is covered by mixed forest including pin oak and sawtooth oak, and you may catch sight of various wild birds and insects. The 1.9 kilometer One Path, which runs from east to west along the boundary between Tokyo and Saitama, has just the right amount of ups and downs, making it ideal for walking or hiking. **📍** 2/ 3 Suwacho/ 2 Tamakocho, 3/4 Noguchicho, Higashi-murayama City **☎** 042-393-0154 (Sayama Park Center) 8:30 - 17:30



Saitama Midori-no-mori Nature Park
(Iruma City)

A field museum where the managed woodland scenery of the Sayama Hills, including mixed forests and wetlands, is itself the outdoor exhibit. You can encounter and observe nature while strolling along the nature observation trails. **📍** 889-1 Miyadera, Iruma City **☎** 04-2934-4396 9:00 - 17:00 Closed Mondays and the day after national holidays (except where this falls on a Saturday, Sunday, or national holiday), Closed over the New Year holidays



Sayama Katakuri-no-sato
(Mizuho Town)

A colony of over 200,000 dogtooth violets, a rarity in the Tokyo area. When spring arrives, beautiful dogtooth violet flowers cover an entire slope around 3000m² in area. **📍** 243-1 Komagata Fujiyama, Oaza, Mizuho Town, Nishi-tama District **☎** 042-557-7659 (Construction Section, Urban Development Division, Mizuho Town) 9:00 - 17:00 (until 16:00 between November and February)

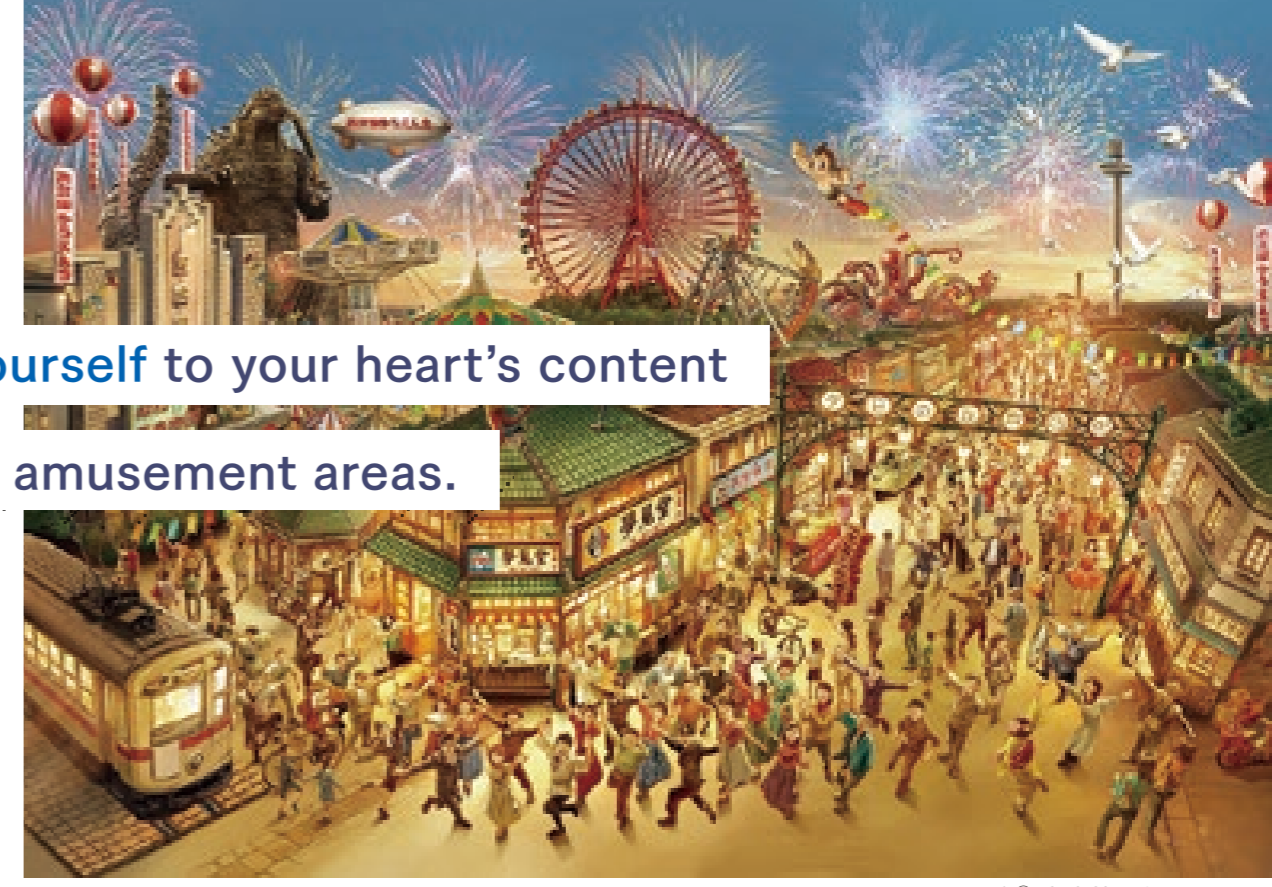


Tokyo Metropolitan Noyamakita/ Rokudoyama Park
(Musashimurayama City / Mizuho Town)

The largest of the Tokyo Metropolitan parks, where a combination of mixed forests and ravines carved into the hills have preserved an abundance of nature. You can enjoy various activities including hiking, watching wild birds, and experiencing managed woodlands. **📍** 4-2 Mitsugi, Musashimurayama City **☎** 042-531-2325 (Noyamakita/ Rokudoyama Park Information Center) 8:30 - 17:30



Enjoy yourself to your heart's content in these amusement areas.



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Seibuen Amusement Park



Seibuen Amusement Park reopened in 2021 after refurbishment, with the concept of "a world which surrounds you with a heartwarming feeling of happiness". The new amusement park recreates an old-time townscape to an astonishingly high standard so that, by encountering characters from that era, eating nostalgic foods, and listening to unscheduled live performances that are full of human warmth, you will be enveloped in the

atmosphere and find yourself drawn into that world. Moreover, a new attraction, "Godzilla The Ride - Ultimate Showdown of the Great Monsters", has recently been added, bringing you thrills and excitement. **📍** 2964 Yamaguchi, Tokorozawa City **☎** 04-2922-1371 10:00 - 17:00 (subject to change depending on the day) No scheduled holidays **≒GO** Right beside Seibuen Yuenchi Station on the Seibu Yamaguchi Line. **MAP** C-3

Saitama Seibu Lions



Saitama Seibu Lions are a professional baseball team based in Tokorozawa City, Saitama Prefecture. The team aims to be loved by its fans, to share the emotions of the game with them, and to be rooted in the local community.



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Belluna Dome

A bright and open stadium without any surrounding walls, in the midst of the natural setting of the Sayama Hills. You can enjoy various events and baseball ground delicacies on days when the Saitama Seibu Lions are playing a game. **📍** 2135 Kami-yamaguchi, Tokorozawa City **≒GO** Right next to Seibu Kyujo-mae Station on the Seibu Sayama Line (change from the Seibu Ikebukuro Line at Nishi-tokorozawa Station) **MAP** B-3



Sayama Ski Slope



An all-weather covered ski slope next door to the Belluna Dome. The 300 meter-long course is covered with artificial snow, so you can always ski under optimum conditions. The ski slope will reopen in 2020 after refurbishments and the addition of a new kids' area separate from the main slope. Young children can enjoy playing in the snow without any concerns. Events such as all-night skiing and experiences for kids are held, and there are plenty of rental skis, so you do not need to bring anything with you. **📍** 2167 Kami-yamaguchi, Tokorozawa City **☎** 04-2922-1384 10:00 - 21:00 no holidays during the season **≒GO** 3 minutes on foot from Seibu Kyujo-mae Station on the Seibu Sayama Line **MAP** B-3